



Verbal Self Defense 101: How to Crush the 10 Most Common Verbal Attacks and Insults

Min Liu

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FROM THE AUTHOR OF "PEOPLE GAMES", "VOCAL SUPERSTAR", AND "THE NEW ART OF BEING RIGHT":

Are you tired of other people getting the better of you in social interactions? Do they tease, make fun of, or verbally bully you, and you're not sure how to respond?

VERBAL SELF DEFENSE 101 will teach you not only to DEAL with, but easily CRUSH, the MOST COMMON verbal attacks and insults, such as unflattering nicknames, mocking voices or sounds, and sarcastic comments.

Most importantly, not only you will learn how to neutralize such verbal attacks and insults, you will do so with SOCIAL INTELLIGENCE and WIT. With VERBAL SELF DEFENSE 101, you will NEVER be a victim of verbal bullying, verbal insults, or verbal attacks again!

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