



Easy Vegetarian Slow Cooker Cookbook: 125 Fix-and-Forget Vegetarian Recipes

Rockridge Press

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Healthy, Comforting Vegetarian Meals with the Push of a Button

You've gone meat-free, thanks to your conscience, your doctor, or maybe even your teenager. Whatever the reason, the big challenge isn't what to cook—it's how to make healthy, hearty vegetarian meals without spending hours in the kitchen. With *Easy Vegetarian Slow Cooker Cookbook*, you can take back your time while letting your palate travel the world of vegetarian dishes.

- No time? All meals prep in 15 minutes or less. Chop and go.
- Hungry for real food? Not a single recipe calls for fake meat products.
- No animal products? Over 75 of the 125 recipes are vegan.
- Got restrictions? Dietary labels indicate whether a recipe is gluten-free, soy-free, and/or nut-free.
- Counting calories—or carbs? Nutritional information is listed with every recipe.

Live your life and let *Easy Vegetarian Slow Cooker Cookbook* toil in the kitchen for you.

Recipes include: Coconut Curry Simmer Sauce, Healing Vegetable Soup, Chiles Rellenos with Fresh Mozzarella, Eggplant in Hoisin Garlic Sauce, Banana Nut Bread, and more!

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Efrain Floyd:

Playing with family in the park, coming to see the ocean world or hanging out with buddies is thing that usually you have done when you have spare time, then why you don't try matter that really opposite from that. A single activity that make you not sensation tired but still relaxing, trilling like on roller coaster you have been ride on and with addition of knowledge. Even you love Easy Vegetarian Slow Cooker Cookbook: 125 Fix-and-Forget Vegetarian Recipes, it is possible to enjoy both. It is good combination right, you still need to miss it? What kind of hang type is it? Oh occur its mind hangout guys. What? Still don't have it, oh come on its identified as reading friends.

John Ward:

Do you have something that that suits you such as book? The e-book lovers usually prefer to opt for book like comic, small story and the biggest example may be novel. Now, why not hoping Easy Vegetarian Slow Cooker Cookbook: 125 Fix-and-Forget Vegetarian Recipes that give your enjoyment preference will be satisfied by simply reading this book. Reading addiction all over the world can be said as the means for people to know world much better then how they react towards the world. It can't be said constantly that reading routine only for the geeky man but for all of you who wants to be success person. So , for all of you who want to start studying as your good habit, you are able to pick Easy Vegetarian Slow Cooker Cookbook: 125 Fix-and-Forget Vegetarian Recipes become your starter.

John Moore:

In this era which is the greater particular person or who has ability in doing something more are more precious than other. Do you want to become one of it? It is just simple method to have that. What you need to do is just spending your time not very much but quite enough to enjoy a look at some books. One of several books in the top listing in your reading list will be Easy Vegetarian Slow Cooker Cookbook: 125 Fix-and-Forget Vegetarian Recipes. This book which is qualified as The Hungry Hillside can get you closer in turning into precious person. By looking right up and review this guide you can get many advantages.

Maria Green:

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