



# Diabetic Sweet Tooth Cookbook

*Mary Jane Finsand*

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## **Diabetic Sweet Tooth Cookbook** Mary Jane Finsand

Use these tips and advice on sugar substitutes and tasty spices for making Chocolate Mint Dessert Drink, Cinnamon Swirl Bread, Crisscross Peanut Butter Cookies, Toasted Coconut Sauce, and a whole host of other delicious recipes. All pay strict attention to medical requirements necessary for diabetic diets; as well, complete, up-to-the-minute American Diabetic Association exchange lists are included, calories, carbohydrates and exchanges appear with each recipe, and microwave cooking instructions are given where applicable. 160 pages, 6 x 9.

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