



You Said a Mouthful

Florence Markoff

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Have you ever been given the cold shoulder? Or been sold a lemon? Were you ever curious how Graham crackers got their name? Or Salisbury steak? Harvard beets? Have you ever wondered who Little Jack Horner was? And what about his famous plum? *You Said a Mouthful* is a fascinating collection of stories behind the food expressions we hear and say every day. From doggie bags to sugar cubes, from Baked Alaska to pie in the sky, *You Said a Mouthful* uncovers the history and mystery of how our language became garnished with words related to food. Follow Florence Markoff's etymological wanderings as she traces the surprising origins of your favorite food-related words and phrases. With an informative and entertaining sampling of the words we "eat," Markoff delights at every turn with a new morsel of culinary history. Bon appétit! A portion of the proceeds from the sale of this book will be donated to The Rachel Molly Markoff Foundation, commonly known as Art in Giving. This public charity combines the ingenuity of childhood cancer researchers with the creativity of artists. Researchers stretch the limits of their minds in a relentless pursuit to cure cancer. Artists stretch the limits of their imagination to appeal to our hearts and souls. Art in Giving follows a unique path that combines the creativity and generosity of its artists with the needs of talented cancer researchers. Up to fifty percent of the proceeds from the sale of art through the efforts of Art in Giving are donated to The Rachel Molly Markoff Foundation, a 501(c)(3) public charity that makes research grants to cancer researchers. To learn more go to www.artingiving.com.

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