



Voices of Trauma (International and Cultural Psychology)

Boris Drozdek, John P. Wilson

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Synthesizing insights from psychiatry, social psychology, and anthropology, *Voices of Trauma: Treating Survivors across Cultures* sets out a framework for therapy that is as culturally informed as it is productive. An international panel of 23 therapists offers contextual knowledge on PTSD, coping skills, and other trauma sequelae as they affect survivors of traumatic events. Case studies from Egypt to Chechnya demonstrate various therapeutic approaches (and the Cultural Formation of Diagnosis from the DSM-IV), often integrated with social agencies outside the clinical setting. Authors explore the balance of inter- and intrapersonal factors in reactions to trauma, dispel misconceptions that hinder progress in treatment, and provide profound examples of mutual trust and empathy, even how the wounded may heal the therapist. Highlights of the coverage: Silence as a coping strategy; Sudanese refugee women; Individual and group identity, Western and non-Western healing: a Chinese woman in Hong Kong; Mother/infant psychotherapy with a Kosovar family; Trauma and the bicultural self: New York's Dominican community and the crash of Flight 587; Why war? Why genocide? A social psychology theory of collective violence; Transference, countertransference, and supervisory issues in intercultural treatment. Today's political climate has made refugee mental health a growing public health issue. *Voices of Trauma* gives clinical and counseling psychologists, psychiatrists, psychotherapists, rescue and social workers, the tools to create healing on a global scale.

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