



The Magical Guide to Bliss: Daily Keys to Unlock your Dreams, Spirit and Inner Bliss

Meg Nocero

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It's easy to get stuck in life, far short of where you wanted to be; and whether you feel trapped by tedium or pain, it's hard to keep from despairing that this is all there is and that bliss is just a myth.

Shining a glorious light into the darkness, author Meg Nocero's *The Magical Guide to Bliss* leads you on a life-changing journey of self-discovery that helps you recover a sense of meaning and fully realize your personal passions.

Organizing the adventure into 366 steps that correspond to one calendar year, this book presents daily quotes and reflections that are paired with magical keys, which will unlock the doors you'll encounter on the road to bliss. Learn the art of seizing the day in January, and by the time December comes, you'll be witnessing awe-inspiring magic and miracles!

Fans of Julia Cameron and Stephen Covey will appreciate Nocero's empowering insights and soon count this book as one of their go-to daily references.

The world is full of wonders and ripe with possibility. Are you ready to take hold of your share? Bliss is within your reach. Let's do this!

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