



Southern My Way: Simple Recipes, Fresh Flavors

Gena Knox

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Southern My Way: Simple Recipes, Fresh Flavor is a cookbook filled with recipes that reflect author Gena Knox's upbringing in southern Georgia where farming shaped both culture and community. Today, Knox is passionate about sharing her modern take on Southern specialties. With more than 250 pages of seasonal recipes and full-color photographs, Southern My Way takes home cooks on a journey through both the South in which Gena grew up and the South she knows today, while encouraging readers to keep local foodways and farming traditions alive. Knox shares her realization that preparing tasty and healthy meals is amazingly uncomplicated when using fresh ingredients, arming home cooks with a collection of standbys that are easy enough for everyday cooking, from toasted pecan goat cheese with Tupelo honey, to summer gazpacho, to gingersnap ice cream sandwiches. The cookbook will be available in major bookstores nationwide as well as online at fireandflavor.com, amazon.com and at zinio.com beginning November 2010.

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