



How to Make Coffee: The Science Behind the Bean

Lani Kingston

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How to Make Coffee: The Science Behind the Bean Lani Kingston

To make any old cup of coffee, you simply need a pot, heat, ground coffee, and water. But you're not just anyone. You are a coffee aficionado, a determined, fearless seeker of the best java. And this is the guide for you.

How to Make Coffee provides an in-depth look at the art and science behind the bean. Learn the anatomy of coffee; the chemistry of caffeine; the best way to roast, grind, and brew the beans to their peak flavor; and what gadgets you really need (versus what gadgets are for mere coffee dilettantes). With illustrated, step-by-step instructions, *How to Make Coffee* is for the person who doesn't want to settle for anything less than the perfect cup.

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