



Conversations with the Dream Mentor: Awaken to Your Inner Guide

Von Braschler

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An autobiographical account of astral guidance.

"I first met my dream mentor in 1980 when I lived in a cabin in the woods on a snowy mountaintop in Oregon..."


Mystics from both the East and the West have reported experiences with the dream mentor. This teaching master (a manifestation of our higher self) visits us in our sleep or meditations and takes us to exotic realms for life-altering lessons. Often appearing as a universal archetype, he or she is a gentle and patient teacher who suggests answers to our most basic, yet profound, questions.

This book is one man's account of how he came to know his own dream mentor. He explains how you, too, can awaken to your inner guide through basic meditation, astral projection, and dreams.

Selling Features

- An astral autobiography of one man's experience with contacting his teaching master
- Provides exercises and instructions for making contact with your dream mentor through meditation and lucid dreaming
- Explores the questions answered by the dream mentor, such as the nature of life, the order of the universe, and our potential and purpose as human beings

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