



Professional Cooking

Wayne Gisslen

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Packed with more than 650 recipes plus 600 variations and more information than ever before, the *Seventh Edition* of this cornerstone professional resource offers complete, step-by-step instruction in cooking principles and the techniques necessary for success as a professional chef.

Wayne Gisslen's *Professional Cooking* has been used by hundreds of thousands of chefs to master the basics of their craft, including knife skills, knowledge of ingredients, and plating techniques.

- More than 100 new recipes, including fresh ideas for meats, poultry, vegetables, and grains, as well as an increased focus on international recipes
- Updated information on the latest nutrition guidelines and enhanced coverage of topics including food science, molecular gastronomy, and culinary math
- More than 1,000 instructive illustrations and photos, including more than 220 all-new color photos highlighting new recipes and procedures
- Wayne Gisslen is also the author of *Advanced Professional Cooking*, *Professional Baking*, and *The Chef's Art*, all from Wiley

Whether you are studying or training in professional food preparation or just want to take your home cooking to a higher level, this authoritative text is your essential guide to all the most vital professional techniques.

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