



# Teachings of a Grand Master: A Dialogue on Martial Arts and Spirituality

*Richard Behrens*

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## **Teachings of a Grand Master: A Dialogue on Martial Arts and Spirituality** Richard Behrens

Learn mystical and practical secrets from a martial arts master that can transform every level of your life, in *Teachings of a Grand Master* by Richard Behrens.

Written in the enjoyable style of *Way of the Peaceful Warrior* by Dan Millman, *Teachings of a Grand Master* shows you how to find victory in all you do, by following the path of spiritual self-discipline, mind power, and control.

- Gain control over the vast untapped abilities of the mind
- Find out how to win arguments every time
- Follow step-by-step exercises for mental telepathy, clairvoyance, precognition, and more
- Discover how to be fearless in the face of adversity
- Learn to meet any challenge with keen insight and flawless action
- Martial artists: learn how to use Torishimaru Aiki Jutsu techniques to control your opponents, without the use of physical contact

Richard Behrens is considered one of the foremost martial arts masters in the world. He has trained thousands of people including Wall Street moguls, Islamic generals, movie stars, recording artists, and hand-to-hand combat instructors for the Israeli Army. He is the acknowledged Grand Master of Torishimaru Aiki Jutsu. Now he presents some of his most important knowledge in *Teachings of a Grand Master*.

Designed for regular and constant use, the esoteric ideas in *Teachings of a Grand Master* are not to be hidden away "in case something might happen in the future." You will learn how to achieve success by applying the principles of Behren's powerful martial arts to everyday life, including incorporating them into your business strategy.

You are going to enjoy this delightful, meaningful, and spiritually important book. Get *Teachings of a Grand Master* today.

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