



# Safe at Last in the Middle Years: The Invention of the Midlife Progress Novel: Saul Bellow, Margaret Drabble, Anne Tyler, and John Updike

*Margaret Morganroth Gullette*

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Discovering the midlife progress novel, Gullette finds in recent fiction a pervasive tension between decline and a new ideology of aging. Appropriately, she invites the reader to join the writers in their therapeutic discourse. Rosemary Franklin, *American Literature* [This] book certainly makes you think. What is it that can happen in middle age to make it as it is for many people the dearest and sweetest time of life? Frank Conroy, *New York Times*

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