



# **How to Use Your Mind Power to do the Impossible: Esoteric techniques to activate the mental power of your mind**

*Maximilien de Lafayette*

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This book is also available as a paperback book at [www.lulu.com](http://www.lulu.com)

“How to Use Your Mind Power to do the Impossible” provides you with techniques that could help you discover, sense, and direct the power of your mind. Quite often, spiritual teachers, guides, channelers, psychics, mediums and healers talk about that un-je-ne-sais-quoi “Energy”! But rarely, do they explain in simple terms, what that energy is! What is made from? How energy is created? How energy could be sensed and directed? How to use it to create a positive environment? How to use energy to block others’ negative thoughts and unhealthy energy? Can we see others’ energy? Can we see our own energy? And, can we measure energy?

If pertinent answers and explanations are not given to us, then, kiss goodbye that energy, and all the mambo-jumbo lectures of the spiritual masters and so-called psychics.

And, it’s as simple as that.

In order to develop the mental power of our mind, we must first, discover the energy of our mind and body. This discovery could be achieved through Ikti-Chafa, which the author has explained at length in the book. All of us possess what others call “supernatural powers.”

In fact, there is nothing “supernatural” at all. It is a matter of discovering and understanding how mental vibrations are created and transmitted. The book offers techniques which will enable you to use the power of your mind over matter. It is not an easy task, but it could be done if you practice and persevere.

In addition to discovering and animating the power of your mind (Mental energy), you must absolutely understand how Mintaka Difaya works.

Mintaka Difaya is related to “Protecting your Zone”, the physical and mental zone that surrounds your body. Without such protection, our mental power will remain minimal. There is a wonderful technique in the book which will enable you to accomplish this task.

Author’s website: [www.maximilliendelafayettebibliography.com](http://www.maximilliendelafayettebibliography.com)

Author’s bookstore: <http://stores.lulu.com/maximilliendelafayette>

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