



Lost for Words: The Psychoanalysis of Anorexia and Bulimia

Em Farrell

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Here is the second edition of the classic in Eating Disorders Literature. As Harold Boris said in a review 'I think Farrell is on to something'.

Anyone who is a psychodynamic psychotherapist or counsellor will benefit from reading this book It will help clinicians understand the inner workings of anorectic and bulimic individuals and help them work with them in their consulting rooms.

"This fine book explores in both a sophisticated and accessible way the inner experience of patients with eating disorders. The author is to be congratulated for her nuanced appreciation of of the self-alienation that is so common in these patients and the challenges that this presents in the treatment setting. The book details the maturation of the psychoanalytic perspective on these conditions as well as the variety of current points of view. The author's own perspective is Klienian, an orientation that she represents with thoughtfulness and convincing clinical immediacy. Em Farrell's book is a valuable addition to our evolving literature and one that is deserving of admiration and broad readership. I recommend it highly." - Harvey J. Schwartz, M.D., Clinical Professor of Psychiatry, Psychoanalyst and Editor of *Bulimia, Psychoanalytic Treatment and Theory*.

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