



The Shaker Cook Book: Not By Bread Alone

Caroline B. Piercy

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The unique recipes that have made Shaker cooking, baking and canning famous throughout the world. This volume gathers the time-tested Shaker recipes for Beverages, Breads, Cakes and Cookies, Corn Dishes, Desserts, Egg Dishes, Fish, Herbs, Meats, Meatless Dishes, Pies and Pastries, Pickles and Relishes, Preserves, Salads, Soup, Sweetmeats, Vegetables, and Special Diet for the Aged. Just as important, The Shaker Cook Book provides the heart-warming old-fashioned ideas about food which made their communal kitchens known throughout the world.

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