



# Eating Hints: Before, During, and After Cancer Treatment

*National Cancer Institute, National Institutes of Health, U.S. Department of Health and Human Services*

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The National Institutes of Health Publication 11-2079, Eating Hints: Before, During, and After Cancer Treatment, provides information about proper nutrition before, during, and after cancer treatment sharing some of the common types of eating problems and how to manage them. It covers information about what you should know about cancer treatment, eating well, and eating problems; how feelings can affect appetite; hints to manage eating problems; how to eat well after cancer treatment ends; foods and drinks to help with certain eating problems; and ways to learn more about proper nutrition.~

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