



# Ramps: Cooking with the Best Kept Secret of the Appalachian Trail

*The Editors of St. Lynn's Press*

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**Ramps: Cooking with the Best Kept Secret of the Appalachian Trail** The Editors of St. Lynn's Press

This is the only ramps-dedicated cookbook, for everyone who has ever savored this wild seasonal plant at a spring ramp festival or in a fine city restaurant and wants to bring this tasty relative of garlic and leeks into their own kitchen. Ramps have become one of the most sought-after wild-foraged plants from eastern North America, and now available overnight to any chef and home cook from coast to coast.

The editors have gathered 50 mouth-watering ramp recipes and photos from well-known chefs, foragers and food bloggers across the Ramps Nation (from Georgia and Tennessee to Toronto and Quebec). In recent years, ramps have become the culinary harbinger of spring, an IN vegetable, celebrated in dozens of ramp festivals and special events in the Appalachian states and beyond. Gourmet, Bon Appetit, Martha Stewart, Emeril and many other big names have paid homage to the wild ramp. This ancient wild leek is finding fans far beyond its native wooded hills. RAMPS includes a brief history and lore associated with this colorful and highly aromatic plant.

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Why? Because this Ramps: Cooking with the Best Kept Secret of the Appalachian Trail is an unordinary book that the inside of the book waiting for you to snap it but latter it will jolt you with the secret the item inside. Reading this book close to it was fantastic author who also write the book in such amazing way makes the content inside easier to understand, entertaining technique but still convey the meaning completely. So , it is good for you for not hesitating having this ever again or you going to regret it. This excellent book will give you a lot of rewards than the other book get such as help improving your skill and your critical thinking technique. So , still want to postpone having that book? If I ended up you I will go to the e-book store hurriedly.

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