



Integrating Combined Therapies for People with Co-occurring Disorders: Motivational Enhancement Therapy, Cognitive Behavioral Therapy, and Twelve Step ... (Hazelden Co-Occurring Disorders Program)

Mark McGovern Ph.D., Robert E. Drake M.D. , Matthew R. Merrens, Kim T. Mueser, Mary F. Brunette

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The *Integrating Combined Therapies* curriculum brings together the evidence-based approaches of MET, CBT, and TSF. With treatment divided into four phases—one for each approach plus a transition phase—clinicians are shown how to guide patients through the aspects of these therapies. To help empower patients and ensure flexibility in treatment, there are “treatment decision points” between the phases, allowing patients and clinicians to decide how best to proceed. To help deliver key information to patients, reproducible handouts and fact sheets are found on the accompanying CD-ROM.

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