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## **The Realm of Hungry Spirits**

Lorraine López



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#### The Realm of Hungry Spirits Lorraine López

In Buddhism, there is a place where hungry souls gather between lives awaiting rebirth so they can finally satisfy the desires that haunt them.

In the San Fernando Valley, that place is Marina Lucero's house.

#### THE REALM OF HUNGRY SPIRITS

For Marina Lucero, whose father transformed his life through meditation and whose mother gave hers to a Carmelite convent, spirituality should come easily. It doesn't. After a devastating relationship leaves her feeling lost and alone, she opens her home to a collection of wayward souls-- the abused woman next door and her alcoholic sister, her aimless nephew and his broken-hearted best friend. Her house now full but her heart still empty, Marina then turns to the wisdom of Gandhi, the Dalai Lama, even a Santeria priest who wants to cleanse her home.

As Marina struggles to balance the disappointments and delights of daily life, she'll learn that, when it comes to inner peace and those we love, a little chaos can lead to a lot of happiness.

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